3rd Grade League Rules

1. The 3rd grade league games will begin after Labor day and will continue on Friday nights and potentially Wednesday nights. A single elimination tournament will take place on October 18 and 19.
2. Gym doors will not open until 15 minutes before the first scheduled match. In the interest of keeping matches on time, please have your players at the gym and ready to play at least 15 minutes prior to your assigned time.
3. Matches will take place in the school gym and the Parish Activity Center (PAC). The PAC is a free standing building on the right side of the back parking lot. The gym entrance is on the left side of the parking lot by the black panther.
4. General Admission is $3 per Adult (18 & older); $2 per Senior Citizen; Children are free.
5. This is an instructional league with the purpose of introducing new volleyball players to the sport and providing them with opportunities to learn and succeed. Emphasis will be placed on passing and serving. Regular volleyball rules will apply with modifications as listed below. Teamwork and sportsmanship shall always be stressed.
6. Matches will consist of a running clock of 45 minutes. During this 45 minutes, teams shall warmup for 5 minutes and play games to 21, as time permits.
7. A lineup does not need to be turned in.
8. All players on the team will play in each set. Six players will start on the court. With each rotation, the front right player and the back left player will rotate out of the game. Players will rotate back onto the court at the server's position and front left.
9. The backline of the court will be moved in 10 feet. Therefore, the dimensions of the court are 20' x 30'.
10. Players may serve anywhere within the white serving box, but may not step over the front line of the box. The front line of the serving box is 15 ft. from the net/centerline. If a server misses on her first serve, she is given one "do over". If the serve is missed on the second attempt, a rally point is awarded to the other team. After 4 consecutive serves per player the team must rotate, but will keep the serve.
11. The Molten First Touch V210, 7.5 oz. ball will be used for play.
12. A ball contacting and crossing the net shall remain in play provided contact is entirely within the net antennas ("let serve").
13. Net height will be approximately 6'6" (basically the nets will be lowered as far as our poles will drop to encourage overhand serving.
14. Unsportsmanlike conduct by players, coaches, or fans will not be tolerated. The league director will report teams whose players or fans are behaving poorly to their school's director.

15. Minimal prolonged contact on serve reception may be permitted if, in the opinion of the official, it is in the best interest of the game.
16. While there are no official timeouts, we will break for 1 minute between 21 point games.
17. Double hits on the first ball over (serve and during play) are permitted by volleyball rules.
18. Medical insurance is the responsibility of each player and not provided by the league.
19. Because this is an instructional league, any attempt at a legitimate volleyball pass, set, or hit will be considered permissible, unless in the judgement of the referee becomes a disadvantage to the other team.
20. Only non-marking gym shoes may be worn on the floor; this includes during warmup and play.
21. Water bottles only (no sports drinks on the floor) may be brought to the bench area and must be kept behind the bench.
22. No candy, soft drinks or other food or drink may be brought onto the gym floor.
23. No colored hair spray, face paint, glitter or jewelry permitted during play.
24. Only players, coaches, referees, and scorekeepers are permitted on the gym floor. Do not bring small children on the gym floor or bench.
25. No balls may be brought into the gym. The league will provide warm-up balls. Under no circumstances are St. Pius balls to be taken outside.
26. No practicing volleyball, except on the gym floor prior to your scheduled match.

Any questions, please contact the league director at spxgirlsvb@gmail.com.